

Patient information and directions for Bimix, Trimix, and Quadmix

Dosage for treatment of impotence: Your first doses of Intracavernosal Injections should be given under the supervision of your doctor. You and your physician will determine the proper dose of Intracavernosal Injections.

Priapism is defined as a prolonged erection. Erections should last 45 minutes to 1 hour. If the erection lasts longer the patient can bring down the erection by taking a cold shower or applying ice wrapped in a towel on the penis or taking 60mg of Sudafed. **NOTE: If you have an erection that lasts more than 4 hours and you have tried the above, see a doctor promptly (Urgent Care Center / Emergency Room) and take along the medication and package insert.**

DIRECTIONS FOR INJECTION

Preparing the dose

1. Wash your hands thoroughly, and dry them with a clean towel.
2. Examine the vial. Do not use the solution if it is cloudy or contains particles
3. Wipe the rubber stopper on the vial of the injection with an alcohol pad. Discard the alcohol pad.
4. Handle the syringe by the syringe barrel only. Do not touch the needle with your hands. Do not let the needle touch any surface.
5. Grasp the syringe barrel (not the plunger) and remove the needle cover. Do not discard the needle cover; you will need to use it again.
6. Push the needle through the center of the vial's rubber stopper.
7. Turn the vial and needle/syringe upside down with one hand. Keeping the needle tip below the level of fluid, slowly pull back on the syringe plunger to the desired dose (*see Figure A*).
8. If there are air bubbles, gently tap the syringe barrel until they float to the top of the solution.
9. Holding the syringe upright, push the syringe plunger to the correct volume mark for the dose prescribed by your doctor. This will remove any air and excess solution into the vial.
10. Grasp the syringe barrel (not the plunger) and pull the needle/syringe from the vial of the intracavernosal injections.
11. Place the needle cover over the needle and place the syringe on a level surface.

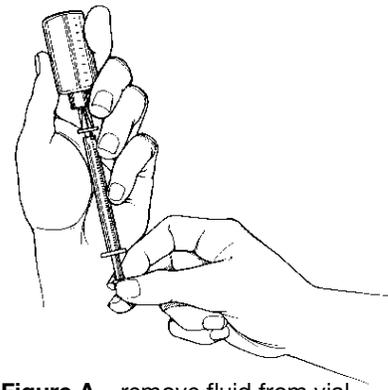


Figure A – remove fluid from vial

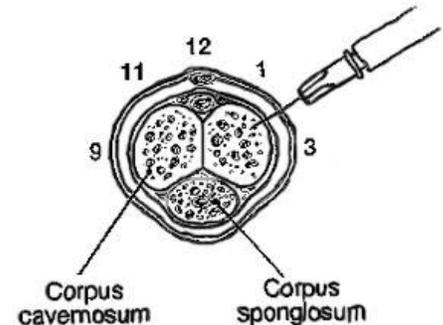
**Warnings: Overexerted sexual activity can cause heart attacks.
Never reuse or share needles or syringes**

SELECT THE INJECTION SITE

Intracavernosal Injections will be injected into one of the two corpus cavernosum of the penis. There are 2-corpus cavernosum that run the length of the penis (see Figure B). Choose an injection site on one side of the shaft of the penis as shown in (Figure B) **AVOID VISIBLE BLOOD VESSELS.** With each use of intracavernosal Injections, alter the side of the penis and vary the site of injection.

Preparing the dose

1. You should be standing when injecting the medication.
2. Clean the injection site with a new alcohol swab.
3. With the hand that will be used to give the injection, stretch out the penis.
4. Remove the cover from the needle and hold the syringe.
5. Before injecting, squeeze the base of penis firmly with the thumb and index finger of the other hand forming a full tourniquet around the base of the penis or put the constriction band in place. This will allow the medication to stay in the penis, where it works, instead of going into the body.
6. With the hand that stretched the penis, hold the syringe between your thumb and index fingers. Using a steady motion, push the needle straight into the selected site until the metal part of the needle is almost entirely in the penis. Holding the syringe barrel between two fingers, move your finger or thumb to the top of the plunger & with a steady motion push down on the plunger so that the entire volume of the syringe is slowly injected. **NOTE: Inject the syringe approximately one inch from the tourniquet grip toward the head of the penis at the 3 or 9 o'clock position.**
7. Grasp the syringe barrel and pull the needle out of your penis.
8. **CONTINUE HOLDING THE BASE OF THE PENIS FOR 3 MINUTES AFTER INJECTING.** Use your free hand to gently massage towards head of the penis.
9. Release tourniquet grip and allow medication to take effect and gently massage the shaft of the penis.



**Figure B – Cross Section of penis.
DO NOT INJECT AT THE TOP OR BOTTOM**

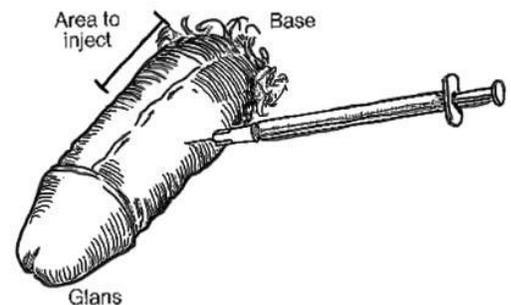


Figure C – Inject contents of the syringe & continue to hold base of penis after injection (See #8)

DISPOSAL OF INJECTION MATERIALS

After use, dispose of all injection materials safely. Your pharmacist may be able to supply a disposable box especially for syringes.

STORING INTRACAVERNOSAL INJECTIONS

Intracavernosal Injections are packaged as a sterile vial and has been specifically designed to make injection quick and easy. Tri-mix, PGE-1 and Quad-mix should be kept in the refrigerator. If you travel, use the special travel kit (available at our pharmacy). Freezing this medication before travel is also an option to extend periods without refrigeration. It is very important that Intracavernosal Injections not be exposed to temperature above 30°C/86°F, since this will render the active ingredient ineffective.

FACTORS THAT MAY REDUCE YOUR ERECTION

Anxiety, fatigue, tension and too much alcohol may reduce your erection. Lying on your back too soon after the administration of Intracavernosal Injections (may decrease blood flow to the penis and result in loss of erection). Using medications that contain decongestants, such as over-the-counter cold remedies, allergy, sinus medications and appetite suppressants which may block the effect of Intracavernosal Injections

SIDE EFFECTS

The most common side effects that have been observed using Intracavernosal injections are:

- Aching in the penis, testicles, legs and in the perineum (area between the penis & rectum).
- Redness of the penis due to increased blood flow
- Prolonged erection over 4 hours:
PLEASE NOTE: If your erection is rigid for more than 4 hours, call your doctor promptly.
- Swelling of leg veins
- Light-headedness, dizziness, and or fainting.
- Rapid pulse

If you have a history of fainting, be sure to discuss this with your doctor prior to using Intracavernosal Injections. If you do experience dizziness or feel faint, lie down immediately and raise your legs. If symptoms persist, call your doctor promptly.

Always use a fresh needle and never share a needle with another person when using Intracavernosal Injections. Sharing of needles can transmit disease

FAILURES

Occasionally but rarely the men using this medication do not get the desired results. If this medication does not work for you, please inform our pharmacists so that they may discuss with you the proper technique of injecting. If this still does not work we will consult with your physician on an alternative medications combination that may be more effective.